



An Internship Report on
A Journey to IELTS Success: Insights Gained
and Tactics Employed

Submitted To

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Submitted By

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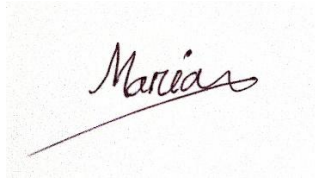
This Report is Submitted for Fulfillment of the Requirements for
The Degree of
B.A (Honors) in English

DEPARTMENT OF ENGLISH
DAFFODIL INTERNATIONAL UNIVERSITY

SPRING 2025

Declaration of the Report

I, Maria Islam Jeba, states that I have prepared this IELTS report on “A journey through IELTS success”. This is an original and fresh work done by myself to fulfill the preconditions for the course “(ENG 431) Project Paper with Internship” in the English Bachelor program at Daffodil International University during the fall semester of 2025. The main focus of this report is on my personal experiences during the “(IELTS) The International English Language Testing System” session. This has been completed as a part of the ‘project paper’ course (ENG 431) for the B.A (Hons) in English program, guided by Mohammad Mustafizur Rahman, the Assistant professor in the Department of English at Daffodil International University.

A handwritten signature in dark ink, reading "Maria", with a long horizontal flourish extending to the left.

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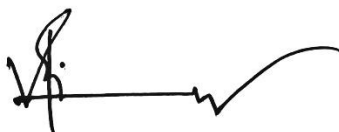
Program: B.A (Hons) in English

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Authorization of the Supervisor

This paper officially certify that Maria Islam Jeba, a student of ‘Daffodil International University’ (Id: 212-10-744). I feel pleased to confirm that the project paper with the internship course (ENG 431) has been successfully completed under my supervision. Throughout the process, I have provided guidance and support, while observing her hard work, commitment, academic integrity. She demonstrated strong analytical thinking, applying theoretical concepts on the practical and real-life situations, and a sincere willingness to learn. As the supervisor, I have observed her accomplishment and performance with full of dedication throughout the internship period. She has gained experiences and she have gained some valuable insight and developed a deep awareness through this experience. Moreover, she has learned many skills and gained expertise in communication. She has effectively applied the conceptual understanding and academic knowledges in her work which will help her in the future academic and professional task. Therefore, I expresses my heartfelt regards and best wishes for the success of Maria Islam Jeba, and the great works that she has been done throughout her internship period.



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Ehatasham Ul Hoque Eiten
Assistant Professor and Head
Department of English.

Acknowledgement

First of all, I want to show my gratitude toward Almighty Allah, for giving me the opportunity, strength and patience to prepare for the IELTS exam. Throughout this journey his blessings has guided me. I would like to express my heartfelt gratitude toward my respected supervisor, Ehatasham Ul Hoque Eiten, for his outstanding guidance, support and valuable input throughout my IELTS preparation. The guidance of my supervisor's helped me to shape my understandings to the IELTS progress. I also appreciate the peoples around me who has inspired me for IELTS exam. Some of my respected course teachers has gave me support and courage to improve my knowledge of English for my better future, I also thanks them for their valuable part in my English learning. All of their encouragement, support, and advices has benefited me throughout my IELTS journey. Most importantly I am appreciated toward my University for offering IELTS, which will help us to shape our career in future. The supportive learning atmosphere of my university has great effect on me during this IELTS journey. Furthermore, the love, prayer and support of my parents have been a source of my strength throughout this IELTS journey. They always given me strength and also make sure to motivate me. They created a peaceful atmosphere so that, I can take my preparation. Whenever I have feels demotivated, they were always there to motivate me. I am truly grateful to them for their constant support.

On the other side, I am planning to do my IELTS mock tests from the institute Called Mentor's, which is a well known and a trust worthy organization. The British council will take over the final exam as they are the real monitors of the IELTS test all over the world. I am really thankful to them for making an opportunity for everyone to test their English level and also Improve the English language skills.

ABSTRACT

An internship is the professional system for English language learning and experience that helps the students in their future careers. This internship report gives an overview of the processes of the IELTS (International English Language Testing System) exam preparation, the methods or techniques that have been used in this process, the outcome, and its implications in the future. Through this internship, students enhance their English language skills, which help them in their professional sectors, especially those that demand good English language skills. Through IELTS, students can learn English by themselves and prepare themselves for their career and academic purposes by accomplishing a great band score. Again, it improves the students fluency in English speaking, helps in academic prosperity, and encourages them to have a conversation confidently, as we know fluency in a better conversation is necessary. As we already know, English is the international language that is used globally to have a conversation with foreign peoples, also in the academic sector and professional sector. So it is surely important for the student to go through an IELTS exam. Now, first of all, we need to set our minds, which is really mandatory for the IELTS exam. The IELTS exam requires some process, like selection of study materials, activities before the exam, and self-tests, and its feedback is also required for IELTS preparation. These are the things that will help us to gain high band scores. Through this internship on IELTS (International English Language Testing System), a good band score will help me with my academic purposes and job opportunities in the future.

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INTRODUCTION

Nowadays, the International English Language Testing System (IELTS) has been globally recognized and adopted testing system that is beneficial for all aspects of human careers. It is a highly professional testing system that takes place almost all over the world. This testing system improves the IELTS candidate's English language expertise, especially their fluency in English speaking. All the highly professional institutions require high-banded candidates who can effectively represent their companies. Again, better fluency in the English language can portray a person's personality and identity in today's society. As we know the English language is fundamental for communication in various sectors, and the International English Language Testing System exam is the guidance for this process. In most cases, the IELTS candidates take this exam to go abroad to complete their higher studies and in search of suitable job opportunities. On the other side, university students go through this exam as a part of their internship and finish the requirements of their university. They just need a suitable band score to pass the requirements. In this exam, the candidates must go through four sections that are important for the improvement of their speaking, listening, writing, and reading ability in the English language. Through the whole preparation process, students prepare themselves, hoping for a high band score. Usually, IELTS candidates take classes to learn more about the testing system and its subjects so that they can achieve high band scores. The mentors of the classes will guide them through the whole preparation; they share some tips and tricks for achieving a high score. In this IELTS internship journey, I am also hoping for a high band score and preparing myself for that success. A good band score will help me in my academic purposes and also while seeking better job opportunities.

In this report, the experience of the IELTS exam preparation has been reflected. This is a journey to enhance the English language skills which includes reading, speaking, writing, and listening. Through the listening and speaking practice I will be able to have any conversation fluently, because speaking will improve my vocabulary and through practicing listening my comprehension system will develop which will help me to understand what the other people are saying. On the other hand, reading and writing will help me on my academic purposes. These will increase the ability of brain streaming and also with proper word selection. As English language has become an international language, in daily life we have to use English at any sector, so taking IELTS will be the grate choice.

Objective of this Internship

An internship always presents us with many objectives. There are some objectives of this internship on IELTS. Those are:

1. Gain a clear understanding and practical experience about the IELTS exam.
2. Increases the creativity and productivity of the candidates.
3. Encourages setting a proper goal in life and staying motivated.
4. Improves communication skills and social engagement.
5. Provide academic support, particularly in speaking, writing, and reading.
6. Inspire to cope with any situation.
7. Helps to seek an exceptional job or with a future career.

METHODOLOGY

IELTS was not my first choice for this internship, but I always wanted to improve my skills in the English language. So when I was given the option to accomplish my internship on IELTS, I changed my mind and chose IELTS as a part of my internship journey, as it will help me in many ways and any sector of my life. After choosing IELTS, I started to prepare myself for the examination, expecting a high band score. Through this IELTS internship, I have learned many things, and more importantly, it helped me to bring betterment in my English speaking skills. For my preparation, I collected all the study materials that would help me with my IELTS exam preparation. I collected some books that include many speaking, reading, listening, and writing tasks. I also found some online sources that would guide me and took help from them. After that, I made a schedule for my practice and set a goal for my score. Every time I completed a task, I calculated my band score and tried to bring in a better score. I did practice again and again until I got the acceptable scores. For speaking, I have watched many IELTS speaking tests that are available on YouTube and also enjoyed many English movies and series, which helped me improve my speaking and listening abilities. After that, I got admitted to an IELTS institute named Mentor's and booked some mock tests so that I could be sure that I would be able to sit for the final IELTS exam, which was arranged by the British Council. Now I am about to sit for the exam and hope that I will be able to get an acceptable band score, which will help me in the long run.

INTERNSHIP JOURNEY

This report deals with the journey of my internship on the IELTS (International English Language Testing System) exam. It contains the difficulties, exploration, understandings, and accomplishments during this internship session. Throughout this IELTS exam journey, I have learned many things. Especially it helped me to strengthen my English language skills, which cover speaking, listening, writing, and reading. In this report, I will explain how I coped with the IELTS exam activities and how I prepared myself for the exam. Moreover, how it will give me advantages in the future.

An Overview of IELTS exam

First of all we have to know, what is the IELTS exam is, So the IELTS exam is the English language skills test in this whole world that is widely adopted by human. This testing system is introduced to evaluate the language skills of the person who aims to go abroad for study, work, or migrate to another country, where English is the key language for the people to communicate with each other. This is testing method that mainly gives importance to English language competence. There are two types of IELTS exams: one is academic IELTS, which is accepted by all the candidates who are doing it for their academic purposes, and the other is general IELTS training, which is so professional that only very few people go through this exam. If I talk about the format of this exam, it contains four categories, such as speaking, reading, writing, and listening. Each category contains a band score, which is 0-9. In the speaking part, the candidates have to sit face-to-face with an examiner, just like in an interview. This session continues for 11-14 minutes with three parts, which include regular short questions, speaking 2-3 minutes on a given topic, and lastly a two-way discussion related to the topic. Then comes the listening test that continues for 30 minutes with four sections. The candidates have to listen to an audio, which will be played only once, and then they have to answer the questions. These parts will help us to boost our communication and comprehension skills with the English natives. After that comes the reading part, where the candidates have to answer the question from the given passage. Lastly comes the writing part, where there will be two sections: one including a map that has to be explained by the candidates, and the other section containing a topic that the candidates have to write about in detail. These parts will help us to improve our English reading and writing abilities. People mostly intend to go through the IELTS exam so that they can study abroad or get a suitable job there.

Why IELTS is important?

As we all know, English is the language that is used widely all over the world, and we have to use English in every aspect of our lives. We need English in our academic sector; we need English to communicate with people, especially when we go abroad for study, work, and migrate to another country. For studying abroad, students must go through an IELTS exam and achieve a high band score. Because the universities in other countries demand high-banded IELTS candidates for their universities. On the other side, people who are seeking for a good job opportunities will benefit from the high band score certificate. Strictly speaking, the main point of this IELTS exam is that

the candidates will be able to boost their English communication skills. Nowadays our society has become very advance in everything, a persons personality is judge by their appearance If a person can speak professionally in another language like English they given more value than others. So it is very important for us to go through the IELTS exam.

Pre-exam Activities

Study materials:

For this exam, the first thing I did was the selection of study materials like books, online resources, audio, etc. There are many study materials available offline and online, which makes it difficult to choose the right one for our IELTS preparation. Still, I have managed to find suitable study materials for my preparation.

Books: For my preparation, I mainly chose the 'IELTS Academic 8-17 by Cambridge University Press'. These books contain all four practice sections each having 4 tests. For speaking I have chosen an IELTS speaking book by Kiran Makkar. Lastly, IELTS writing task 1+2 is the book by Rachel Mitchell that I have bought for my writing preparation.

Listening: For Listening practice, I am taking the help of the IELTS Academic by Cambridge and Listening to the audio from some YouTube channels.

Speaking: I am watching many podcasts, movies, series, and motivational speeches in English so that I can improve my speaking and listening abilities. I am also taking help from Kiran Makkar's IELTS speaking book, in this book she has mentioned some guesswork from past exams.

Web-based source: For my preparation, I am taking advantage of the online-based resources. YouTube channels like, IELTS Advantages, IELTS Share, IELTS Liz, and Ross IELTS Academy are my companions for my preparation. I got many valuable information from these platforms.

Time management

For any preparation, setting a goal and time is really important. It helps us to manage everything and complete our tasks. Time management is very essential for performing well in the IELTS exam. For my IELTS exam preparation, I have set a schedule that is helping me to cope with my study.

Time Schedule: I sit for my preparation or practice for the IELTS tests every day in the morning and night. And whenever I get free time, I watch English podcasts to improve my comprehension and speaking ability. I complete my other works at another time so that they cannot bother me while I am practicing.

Target setting: Every day I make a target to complete at least one listening test and one reading or writing test. And also make a band score goal. Every time I perform a test, I make a goal score. For example, if the band score comes to 6, then I practice again and again until it becomes 6.5 or 7.

Be aware of time: I try my best to not waste any valuable time doing something that is unnecessary. Another thing is that I also make some time for myself. After I practice for some time, I take a short break so that it doesn't feel heavy on me. I also make some time for meditation which relax my mind and give the ability to understand more.

Self-study: I made time for study by myself without any help from practicing class or buying some online courses, which I thought would be a waste of time. I took help from my study materials that I have already mentioned above. I watched some videos that gave me some tips and tricks so that I could do better on my IELTS exam.

The Methods to Follow:

As I have not taken the IELTS exam yet, I am going to describe the process that I am planning to go through to achieve a high band score. Here are the processes:

Preparing myself: It is necessary to prepare the candidates before the exam, which includes good practice, motivation, and encouragement. I am preparing myself for my exam by practicing more and more until I get my acceptable band scores. I practice speaking with my cousins and friends, as well as with myself, which will help to encourage me.

Mock test: After the preparation is done, we must go through 3-5 mock tests to identify our level or whether we are ready to sit for the final exam. I have already booked 3 mock tests to examine myself. Mock tests also contain the four parts of the IELTS exam, including listening, speaking, reading, and writing.

Feedback: After completing the mock tests, they will give me some feedback, like where I must improve or work more to make my language skills look more acquirable. After each mock test, feedback will be given, so I will try to be more focused on those parts where I am making mistakes and work on those parts more and more. It will help me to do better in the further mock tests.

Finding the errors: It is obvious that I will make mistakes as this the first time giving this exam. So after mock test I have to review my errors. I have to focus on them more and have to correct that mistakes, so that I do not make the same mistake during the actual exam.

The final preparation: Before the actual exam I have to be sure that I will be able to sit for the exam. Because it mainly conducted by the British council, so I have to be fully prepared for that. If I am fully prepared and motivated for the exam I hope I will be able to achieve a high band score.

Activities During the Exam

During my actual exam, I will have mixed feelings, but still, I will try to give my best because this chance will not be given a second time, so I have to be very active and focused.

First of all, I will go to bed early before the exam day so that I can wake up early in the morning with a fresh mind. This will help me to feel fresh during the exam, and my understanding and comprehension ability will be better. Before going for the exam, I will take a meal in case I do not feel hungry because it might distract me during the exam, which can lower my band scores. On that day I will try to go early to avoid traffic jams so that I can get there on time. I will be careful about the important documents or accessories that I must take for the exam. Before entering the exam hall, I will calm down and enter with confidence. After I get my question paper, I will carefully scan it and try to find the main points that will help me to catch the right answer quickly. I will try to focus on the topic during the exam.

As we already know each part of the IELTS exam has a fixed time, so I will try to complete my tasks on time. Time management during the exam is very necessary. For the reading part, there are three sections, each of which will take 20 minutes; in total there will be 60 minutes. Time management during the reading part is really hard, so I will try my best to complete my task before the end of time and also make sure to answer all the questions. In the listening part, there will be 30 minutes with four sections. In this part time management is very easy, so I will mostly focus on the audio because it will not play for the second time. I will try to answer the question with the flow, and if I miss any part, I will try to stay focused on the next question as well. For the writing part with two sections, I will be given 60 minutes to complete my tasks, and I will try my best to do so. Lastly, the speaking part is like an interview with the examiner. It usually lasts for 12-14 minutes. Here the examiner will ask me various types of questions, and I will try to answer them as fast as possible but will make sure to give the right answers. I will have to focus on my articulations, vocabulary, and grammar.

Post Exam Activities

As I have already mentioned that I still did not attend the IELTS exam yet, I can guess what will happen after the exam. After the exam, I will be very worried about my result, which is really natural for everyone. As far as I know, the result will be published within 10-15 days after I perform the exam. I will receive a 'Test Report form (TRF)' with the band scores I will achieve. To get the result, I will have to log in to my ID that has been given to me, there I will find my result or the total band score that I will be achieving or they can send a mail to me giving all the information about my exam. As the IELTS exam contains the band score between 1-9, from each skill a band score will be given between 1 to 9. They will provide four scores including the speaking, listening, writing, and reading part. Then they will make the average number from the four sections. Band score, the average number will be my real band score. I will collect my result from the institution and submit that result to my university as a confirmation later. After I finish all my activities I will be able to apply for any good job opportunities and also I will be able to apply at any international university.

Outcome of this Internship

The most important outcome of this internship on IELTS is the advancement of English language skills. It has enhanced my fluency, vocabulary, grammar, academic writing and reading skills building confidence while communicating in a multicultural setting. After the IELTS exam, a candidate can easily communicate in English without any hesitation. Through this internship on IELTS, I will be able to comprehend more and understand the language more suitable way. This will help me with network building in the future. A good IELTS score from this internship will help me to apply for qualified work, or I can also apply to universities abroad like the UK, Canada, Australia, and Europe. It will boost my communication skills. After this IELTS exam, it will enhance my confidence, fluency, and also global communication abilities which will open the door for my future academic and career opportunities.

Valuable Lessons Learned from This IELTS preparation journey

The IELTS exam preparation is not just a part of achieving a high band score or a part of an internship, it has the capability to teach us a lot of valuable life lessons. Through continuous practice, I have learned the value of setting a routine and time management. If I want to achieve any goal these things will help me a lot. Thinking critically is another skill that I have learned from the IELTS exam preparation, this skill is vital for higher education and also in any kind of decision making. From the speaking part, I have learned how to communicate in English language clearly and confidently with anyone or in any kind of situation. When I gets low scores I try again and again which helps me to improve my skills, here I learned that getting a low score or failing is not the end rather than it is a step toward my improvement. The main lesson that I have learned is, how to cope with any kind of difficult situation. During this session, I had to face many unexpected and difficult situations and I had to cope with them I think it will help me in the future. While preparing for IELTS my English Language competence has improved day by day, and I am grateful for that. The journey teaches us how to stay motivated and stay patient, even though in slow progress. We have to believe one thing go slow, think smart and bring achievement in our lives. Finding out the mistakes and weaknesses, and working on those parts is very important in helping me to improve my skills in the future. Now I will be more aware of using the correct accents and grammar.

Future Plan

Every person have their future plan, I am one of them. After finishing my IELTS exam, I will apply for my higher education. Along with that I will search for some job opportunities that seek for employ with the English language abilities. I wish to work with the big multinational companies, and for that I must have a high band score. The companies always seek for the employ who have high English language proficiency with the band score 8-9. For now I am hoping to get a good job where English is requirable and with that I wants to complete my higher education. But if I get any chance to study abroad or work offer there, I will definitely accept the offer with feeling proud of myself. A good job and a good score is very necessary in my life because I want my parents to feel proud of their daughter.

Conclusion

In this conclusion section I will say that the Internship journey on IELTS was not so easy for me, I had to face many difficulties and challenges, but I have tried my best to face those complexities and I hope in the future I will be able to do the same. Through-out this report I have talk about my journey through the IELTS exam preparation including, my strength and weaknesses, how I have improved my skill, the exam giving prosses etc. The IELTS exam is really essential for everyone, in every sector. Every person must go through this exam, this will help people every aspect of their lives. It will improve our English language skills which includes Reading, writing, listening, and speaking. From this preparation people can learn many things like, how to set a goal to achieve something, time management, how failure becomes the key to our improvement, and lastly how to be confidential at any situation. I hope all the things that I have learn through this internship journey on IELTS will be helpful to me in the future. I am very appreciated toward my university authority and head of the department for giving me a chance to perform the IELTS exam. I hope that, by the Greece of my Almighty, I will be able to bring a high band score.

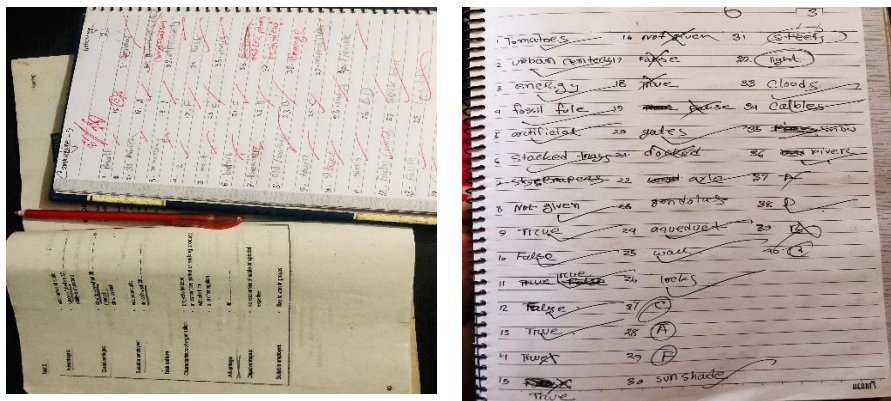
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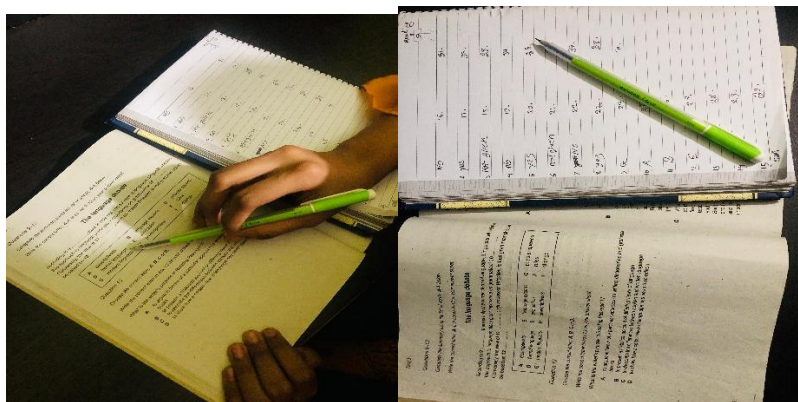
Appendix- 1: Some pictures of taking preparation for the IELTS.



The identity card for my Mock test from Mentors.



These are the pictures of my listening and reading parts.



These are the pictures while practicing.

Appendix: 2 Plagiarism Report

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ORIGINALITY REPORT

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SIMILARITY INDEX

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STUDENT PAPERS

PRIMARY SOURCES

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